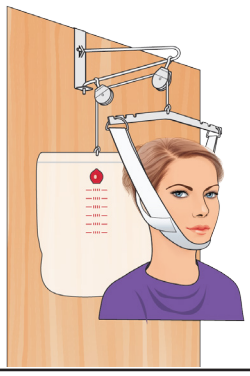
HOW TO ASSEMBLE YOUR

OverdoorTraction Set

Item # 6060-R
Capacity of weight bag not to exceed 20 lb



No tools required
All parts included

Easy to follow step by step instructions


Pulley Hangar


Spreader Bar


Door Bracket


Pulley Mechanisms


S-hook


Head Halter

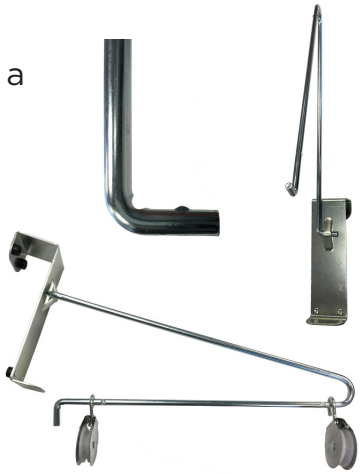

Rope


Weight Bag

1 Remove all parts from box:
1 pulley hanger, 1 spreader bar, 1 door bracket, 2 pulley mechanisms, 1 S-hook, 1 head halter, 1 rope, and 1 weight bag

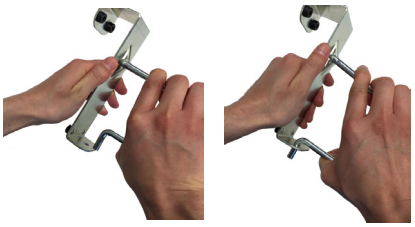
NOTE: It is much easier and safer to assemble this device with help from a second person.

2 On one of the bent ends of the “PULLEY HANGER”, it will have a locking notch on the side. With the “PULLEY HANGER”, turned upwards, slide that end into the triangle opening of the door bracket.

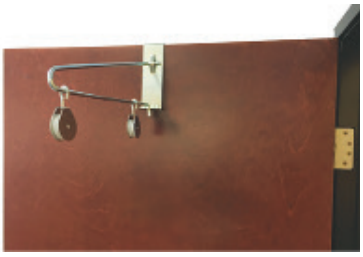


3 Once the locking notch slides completely through the “DOOR BRACKET”, turn the “PULLEY HANGER” downwards and slide on both “PULLEY MECHANISMS.

4 Squeeze the “PULLEY HANGER” and insert the bent end into the hole at the bottom of the “DOOR BRACKET”.



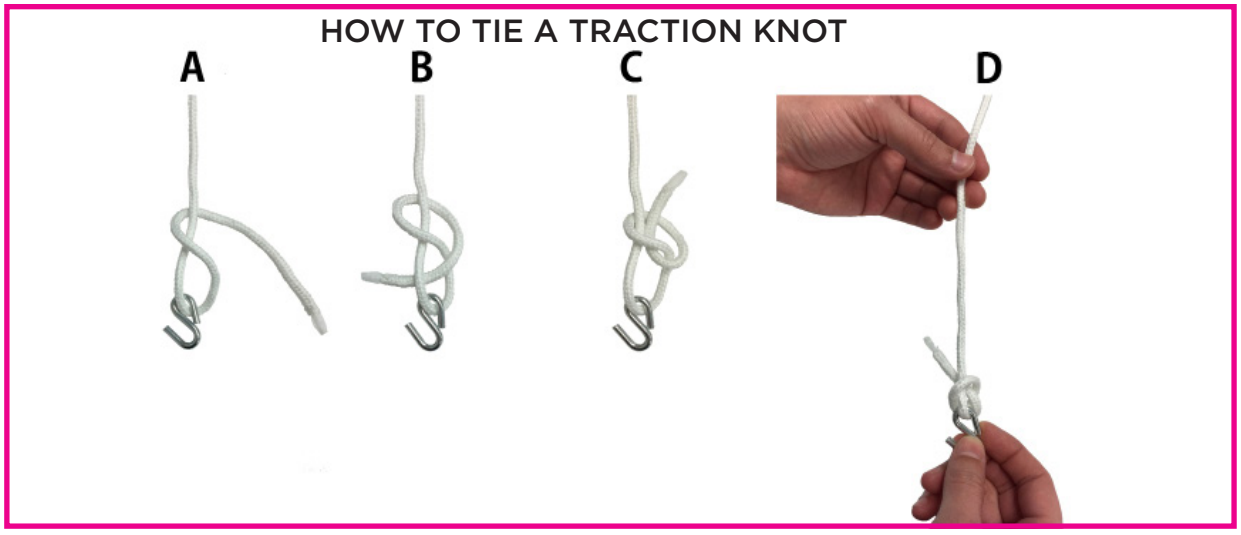
5 Once assembled, install the “DOOR BRACKET” over the top of an interior door. Ensure the “DOOR BRACKET” is centered on the door and the top of the bracket is pushed all the way down. Close the door after secured.
NOTE: Make sure that no one opens the door while you are using the traction device. If possible, lock the door so that no one can open it while you are attached to the traction device.



6 Ensure that both “PULLEY MECHANISMS” are on the outside of both locking notches as shown.



7 Using the “TRACTION ROPE”, tie a “Traction Knot” through the metal loop hanger at the top of the “WEIGHT BAG”. Once the knot is tied, pull on both the “TRACTION ROPE” and “WEIGHT BAG” to tighten the knot. Check the knot to make sure it is secure. (Refer to steps A-D under “HOW TO TIE A TRACTION KNOT”). Allow approximately 2 to 4 inches (5 to 10 centimeters) at the end. This extra length of rope will allow you to adjust the knot if needed.
NOTE: The more weight that is put on the rope, the tighter the knot will get.



8 At the top of the “WEIGHT BAG”, open the red drainage cap and fill the “WEIGHT BAG” with the prescribed amount of water. Once filled, tightly close and seal the red drainage cap.

9 Thread the free end of the “TRACTION ROPE” through both “PULLEY MECHANISMS” with the “WEIGHT BAG” at the closest point to the door.

10 Using the “TRACTION ROPE” and “S-HOOK”, tie another “Traction Knot” through the closed end of the “S-HOOK”. Once the knot is tied, pull on both the “TRACTION ROPE” and “S-HOOK” to tighten the knot. Check the knot to make sure it is secure. (Refer to steps A-D under “HOW TO TIE A TRACTION KNOT”). Allow approximately 2 to 4 inches (5 to 10 centimeters) at the end. This extra length of rope will allow you to adjust the knot if needed.
NOTE: Before each use, ensure that all knots are tight, all hardware is secure, and rope is not frayed. Ensure that the rope is in the pulley wheel grooves and moves freely so that the rope does not come off-track and bind between the pulley wheels and casing.

11 Hook the open end of the “S-HOOK” through the center hole of the “SPREADER BAR”.
NOTE: Check with your physician on placement either facing away from or facing towards door and place accordingly

12 Unfasten the Velcro straps of the “HEAD HALTER” and slip head through the opening. The part of the “HEAD HALTER” that has the straps sewn onto it goes behind the head. The Velcro straps should hang down.



13 On the opposite end of the “HEAD HALTER”, place chin on the padded portion of the chin rest. Bring the Velcro straps under the ears and fasten the Velcro straps underneath the chin rest along the jaw.

14 Place the metal D-rings of the “HEAD HALTER” evenly into one of the three slots located on each side of the “SPREADER BAR”. The D-rings must be placed into the same slot on each side of the “SPREADER BAR”. If necessary, position a straight-back chair against the door underneath the bracket and pulley assembly. Otherwise, patient should stand under the bracket and pulley assembly facing away from or towards the door.
NOTE: Each slot on the “SPREADER BAR” provides various degrees of tension.



How to care for your: Overdoor Cervical Traction Set

At the top of the “WEIGHT BAG”, open the red drainage cap and completely drain the water. Once drained, leave the red drainage cap open to allow the bag to air dry. After the “WEIGHT BAG” has dried, store the bag either flat or rolled. DO NOT fold the bag. Doing so can cause damage to the bag.

The ”TRACTION ROPE” and “HEAD HALTER” can be hand washed in cold water. DO NOT machine wash or use harsh cleansers or bleach. Hang to air dry.

Cut out this Do Not Enter sign and hang on door for safety when using the OverDoor Traction Set.



WARRANTY INFORMATION

NOVA stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This warranty represents our confidence in the materials and workmanship of our product. NOVA extends this warranty only to the original purchaser of this product. The warranty does not extend to any subsequent purchaser or owner. The warranty is void upon any sale or transfer of ownership or use by other person. NOVA warrants its products are free from defects in material and workmanship under NORMAL use for the period commencing upon the date of purchase and continuing for the following specified period of time after that date:
Metal Frame - Limited Lifetime Warranty
Non-Metal/Metal parts - One Year Limited Warranty
(rubber tips, plastic or metal hardware)

This warranty does not cover problems due to user negligence, misuse of the product, failure to adhere to product instructions, or normal wear and tear. Items that have been subject to negligent abuse, modified without prior written authorization are not covered within this warranty.

For warranty service, please contact the dealer from whom you purchased your NOVA product. In the event that you do not receive satisfactory service, please call us directly at the number on the bottom front of this sheet. Be prepared to indicate, the nature of the defect, the product serial number, and the name and location of where you purchased the product. You will also be required to provide a receipt of your purchase. DO NOT return any products to our office without prior consent.

Repair or replacement is the only remedy under this limited warranty. This warranty does not include any labor or shipping charges incurred in replacement part installation or repair of product.

THIS WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES, IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. NOVA SHALL NOT BE LIABLE FOR ANY SEQUENTIAL OR INCIDENTAL DAMAGES WHATSOEVER.

WARNING: The 6060-R Over Door Cervical Traction Set can be dangerous if not used correctly. This product is not a toy. KEEP AWAY FROM CHILDREN. Failure to do so could result in injury. Use only under the care and instruction of a physician or contact a health-care professional before using. If you do not understand any part of these instructions or need assistance in assembling, contact NOVA customer service at (800) 557-6682 option 1. If this device is not properly assembled and adjusted, personal injury and/or damage to the Over door Traction Set could result.

WARNING: If parts are damaged or missing, contact the dealer this device was purchased from or contact NOVA customer service at (800) 557-6682 option 1. Use only NOVA replacement parts. Non-NOVA replacement parts could cause personal injury and/or damage to the Over Door Cervical Traction Set.

IMPORTANT WARNING
READ THESE DIRECTIONS CAREFULLY BEFORE USE.
FAILURE TO DO SO MAY RESULT IN SERIOUS INJURY.

CONTACT US!
We're here to help
info@novajoy.com
1 800 557 6682

CARE • QUALITY • INNOVATION



THE NOVA PROMISE
novamedicalproducts.com

Connect with NOVA!
novamedicalproducts.com
facebook: novamedicalprod
twitter: novamedicalprod
twitter: novawalkerstalk
youtube: NOVA Medical Products

